# **STARTFRS**

#### Assorted Goat Meat Peppersoup V 12

Tender assorted goat meat Cooked in Peppersoup Spices and Scent leaf

#### Isiewu 30

Full goat head slow cooked in a native palm oil base sauce garnished with utazi leaves and onions

#### Peppered Snail 325

Crunchy giant Snails cooked in pepper sauce and mixed pepper

### Moimoi 4

Slow cooked peeled beans blended with peppers and crayfish

#### Catfish Peppersoup **J**15

Catfish cooked in peppersoup spice and scent leaf crayfish.

## Nkwobi 12

Boneless cowfoot cooked in a palm oil base sauce with pepper and ugba

#### Spicy kponmo 12

Crunchy cow skin cooked in Spicy sauce with mixed pepper

#### **Spicy Chopped Beef** 12

Diced tender beef cut in Spicy Sauce with mixed pepper

#### Spicy turkey 12

Smoked turkey in spicy sauce. Garnished with mixed pepper.

### **Gizzard & Plantain** 12

Sweet and spicy flavour. Crispy chicken gizzard and diced plantain cooked in pepper sauce.

#### **Chicken Wings** 10

Grilled marinated full wings in sweet and spicy sauce

# **GRILLS**

#### Beef Suya 12

Charcoal grilled succulent beef cuts Served with onions, and tomatoes & vaji

#### Lamb Suya 12

Charcoal grilled lamb cut Served with onions, tomates and yajı

#### **Chicken Suva** 12

Charcoal grilled boneless chicken. Served with onions, tomatoes

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Wood grilled spicy goat meat.

#### **Grilled Croaker** 25

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Grilled marinated whole fish served with mix pepper and a side of fried plantain or yam

#### **Grilled Tilapia** 25

Grilled marinated whole fish served with mix pepper and a side of fried plantain or yam 

# Part treeapp Our

laying

We're planting trees with Treeapp!

• We hope to reduce paper usage by 80%

within our operations by 2025 Quality and ethically sourced ingredients.

 Support local businesses and economy Be the best at what we do

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Assessment stage thesra.org

# **RICE MEALS**

#### Served with plantain and your choice of protein

Assorted meat/ Asun(6)/ Beef / Chicken / Fresh Fish (3)/ Goat Meat/ Turkey (3)

#### **Jollof Rice V** 17

Smoky tasty basmati rice slow cooked in our signature pepper base

#### Fried Rice V 17

Stir fry green rice with crispy vegetables

### White Rice V 17

Lightly salted Long grain rice

### White Rice with Ayamase 17

White Rice served with assorted meat cooked in a Spicy green pepper sauce

#### **White Rice with Designer Stew** 17

White Rice served with beef cooked in a spicy pepper sauce

# **BEANS MEAL**

#### Served with plantain and your choice of protein

Assorted meat/ Beef / Chicken / Fresh Fish(3)/ Goat Meat/Smoked fish(3)/ Turkey (3)

#### Plain Beans V 17

Honey Sweet Beans slow cooked for extra juiciness served with pepper sauce

#### **Porridge Beans** 17

African Sweet beans cooked in a palm oil base with pepper, onions and crayfish

#### Ewa Aganyin V 17

Mashed sweet beans served with our signature aganyin sauce made from blended dried pepper and chilli seeds.

# YAM MEALS

#### Served with your choice of protein

Assorted meat/ Beef / Chicken / Fresh Fish(3)/ Goat Meat/Smoked fish (3) /Turkey (3)

## Yam Porridge V 20

Yam chunks cooked in a pepper palm oil base with vegetable, pepper and cravfish.

#### Yam Peppersoup 20

Yam chunks in a spicy aromatic broth and scent leaf with assorted goat meat

### Yam & Fried Egg V 20

Boiled yam served with saucy fried egg

### **Boiled Yam & Vegetable sauce V** 20

Bolled yam served with vegetable sauce (spinach)

# **SEAFOOD SPECIAL**

## Served with your choice of:

Amala/Eba/Oat Meal/Pounded yam/Semolina

### **Fisherman Soup** 25

Half shelled mussels, Squid rings, snails, king prawns, fresh fish cooked in Blended cocoa-yam base with small cut lady finger.

#### Seafood Okra 25

Mussels, squid rings, snails, king prawns and fresh fish cooked in small and big cut lady finger.

#### **Seafood Eforiro** 25

Mussels, Squid rings, Snails, king prawns and fresh fish Cooked in vegetable and pepper sauce

# **SOUP MEALS**

#### Served with your choice of swallow and protein:

Amala/Eba/Oat Meal/Pounded yam/Semolina Assorted meat/ Beef / Chicken / Fresh Fish(3) / Goat Meat/Smoked fish (3) /Turkey (3)

#### Egusi 17

Slow cooked, grounded melon seed with pumkin leaves

# Eforiro V 17

Spinach cooked in a pepper base sauce with locust beans and dried Prawns.

# Ewedu V 17

Draw soupy texture Vegetable cooked with locust beans and Perfect with our signature buka Stew and any swallow

Smoothly blended bush mango seeds cooked in a palm oil base with pumpkin leaves

#### Plain Okra V 17

Chopped lady fingers served with buka stew

#### **Groundnut Soup V** 17 Smoothly blended peanut slow cooked with vegetables

### Edikankong 19

Blanched vegetables (waterleaf and pumpkin Leaf) cooked in a palm oil base with chunks of mangala fish

### Afang 19

Blanched Vegetables (waterleaf and Okazi leaf) cooked in palm oil base with chunks of mangala fish.

## Banga V 19

Palm Kernel extracts cooked with Beletete leaves

#### **Bitterleaf** 19

Bitterleaf Vegetable cooked with blended cocoa-yam and ogiri

Blended beans sauce (gbegiri) and Ewedu with buka stew traditionally served with Amala to félé

#### Mixed okra 19

Chopped lady fingers with vegetables and uziza seeds

Oha leaves cooked with blended cocoa-yam and uziza seeds

# STREET FOOD

#### **NOODLES PEPPERSOUP V** 12

Noodles cooked in our aromatic broth with herbs and spices and mixed peppers

# Spaghetti V 15

Stir fry Spaghetti served with mixed pepper

#### **PLANTAIN PORRIDGE V** 15

Diced plantain slow cooked in a palm oil base pepper and crayfish garnish with pumpkin leaves

#### **BOLI AND FISH WITH GROUNDNUT V** 20

Served with vegetable sauce

Roasted plantain with smoked mackerel fish

### **Starter Platter 35**

Fried plantain, Spring rolls, Samosa, stick meat chicken wings

## **Suva Platter** 40 Chicken Suya, Beef Suya, Lamb Suya with fried plantain Yam

Seafood Platter 60 Lobster, Corn, Egg, Boiled plantain, Prawns, Mussels

# **Vegetarian Platter** 40

Fried yam, fried plantain/Boli, Beans, vegetable sauce Jollof rice / fried rice.

# SIDES

# SOUP ONLY

**EFORIRO / EGUSI / OGBONO/ GROUNDNUT SOUP** 9 **FWFDU WITH STFW /OKRA WITH STFW/ 10** EDIKANKONG/ AFANG / BANGA/OHA / BITTER LOAF 11

## **SOUP WITH PROTEIN / FRESH FISH 3**

**EFORIRO/ EGUSI/OGBONO GROUNDNUT SOUT 14 EWEDU WITH STEN / OKRA WITH STEW/ABULA** 14 **EDIKANKONG/AFANG/BANGA/OHA BITTERLEAF** 15

WHITERICE (7), JOLLOF RICE (9), FRIED RICE (10)

#### **BEANS ONLY**

**PLAIN BEANS** (7) **EWA AGANYIN** (9) **PORRIAGE BEANS**(10)

## **SAUCE AND MEAT**

ASSORTED MEAT, CHICKEN BEEF, GOAT MEAT **STEWED MEAT** (12), **SPICY SAUCE** (10), **MILD SAUCE** (10), **POT SAUCE** (4) **AYAMASE SAUCE** (12) **DESIGNER STEW** (12)

### **EXTRAS**

FRIED YAM V (8), FRIED PLANTAIN V (3) EXTRA SWALLOW V (4), BOLI V (10) POTATO FRIES V (7), **SWEET POTATO FRIES V** (7) **CHICKEN** (7) **1 PIECE OF MEAT** (4) (GOAT, SHAKI, COWLEG, BEEF)

SALAD V (7), YAM PORRIDGE V (12)

We don't list everything on the menu so please let us know if you're allergic, intolerant or sensitive to anything, or concerned about cross-contamination. All dishes may contain traces of

V = Vegetarian Option Available

N = Contaits Nuts

) = Spicy

